



MFS Investment Management  
P.O. Box 505005 Louisville, KY 40233-5005

**Notice to shareholders — Source of Distributions**

**Date: August 2022**

The amounts indicated below represent the estimated sources, other than net income, of the cumulative distributions made by your fund(s) for the month on a per share basis. This notice provides only estimates and actual results of operations may be different. This information is not being provided for tax-reporting purposes. Early next year, you will receive information as to the federal tax status of this and all other distributions paid during the current year.

<b>Fund Name</b>	<b>Gains from the Sale of Securities and Other Properties</b>	<b>Other Capital Source</b>
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No funds with distributions estimated from other sources this month.

N/A

The remainder of each distribution is estimated to be from each fund's net income.

If you have any questions regarding this information, please call our fund service department at 1-800-637-2304 any business day from 9 a.m. to 5 p.m. Eastern time.