# Primaries, Caucuses and Elections — Oh My!

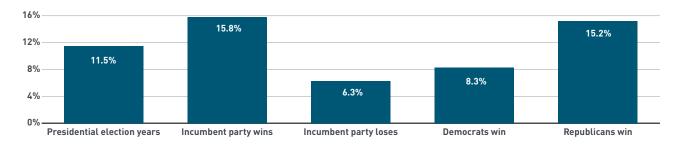
### Politics and stock market behavior



Americans (and most of the world) will spend a lot of time up until November 2024 watching political ads, newscasts and debates leading up to Election Day. The question many have is, "What does it mean for me (and the stock market) if (insert name/party) wins?" While no one knows how the market will actually perform in any year, the charts below may offer some historical perspective on election years.

### Exhibit 1: The market during election years: 1928–2020

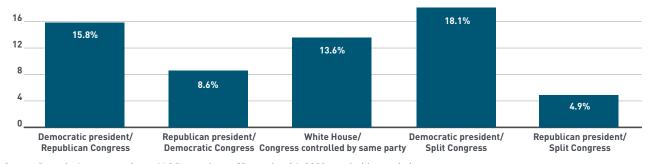
The market (S&P 500 Index) performed better on average when the incumbent party won the election, regardless of whether it was the Democratic or the Republican party.



#### Exhibit 2: Political control and the market: 1926–2023

In the years 1926 to 2023, the S&P 500 Index was up 15.8% per year (total return on average) under Democratic presidents and a Republican-led Congress, almost two times the 8.6% annual return achieved under Republican presidents when both houses of Congress were controlled by Democrats.

When both the White House and Congress were run by the same political party, the S&P 500 gained 13.6% per year. When Congress was split, with one party controlling the House and the other controlling the Senate, the S&P 500 gained 18.1% under Democratic presidents and 4.9% under Republican presidents.



Source: Bespoke Investment Group LLC Research, as of December 31, 2023, used with permission.

#### Past performance is no guarantee of future results. It is not possible to invest directly in an index.

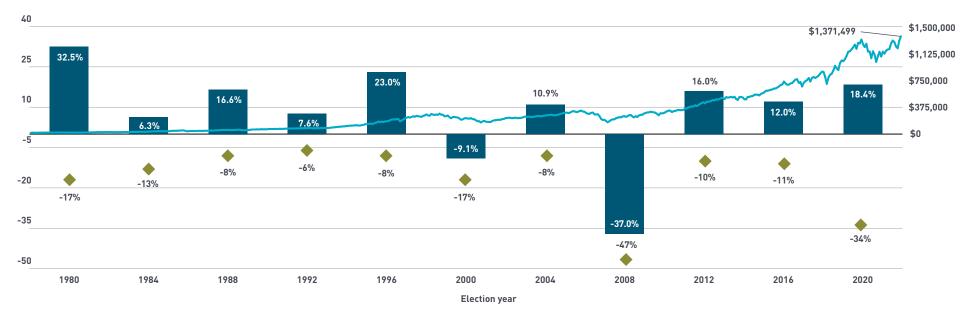
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## Perspective

**Presidential elections** tend to evoke a range of emotions and discussion topics around the stock market, including unwarranted concern. As an observer, focus on what matters to you. As an investor, consider distancing yourself from the rhetoric and hype and remember that the long-term trends in company earnings, worker productivity and global competitiveness may matter the most.

## Exhibit 3: S&P 500 Index returns during election years





Source: Bespoke Investment Group LLC Research. Election years from 1980-2020. Growth of \$10,000 is from 1/1/80 to 12/31/23.

The **S&P 500 Index** measures the broad US stock market. Index performance does not take into account fund fees and expenses. It is not possible to invest directly in an index. **Past performance is no guarantee of future results.** This data is not intended to represent the performance of any MFS® portfolio. For more information on any MFS product, including performance, visit mfs.com. For illustrative purposes only.

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<sup>&</sup>lt;sup>1</sup> Intra-year decline is the largest price drop from peak to trough during a calendar year.